



## **ADVANCED TOPICS WEBINAR SERIES 2** **Active Treatment Across the Continuum for People with Intellectual Disabilities who are living with Dementia**

### **Registration Fee:**

- \$149 | General Public
- \$119 | NTG Dues Paying Members

All sessions will run from 12:00 pm – 1:30 pm EDT. Sessions will be recorded and a link to recording sent to registrants within 48 hours of the webinar. A certificate of attendance will be provided at the end of the series.

Registration Link: <https://www.the-ntg.org/event-details/advanced-topics-active-treatment-across-the-continuum-for-people-with-id-dementia-2024-11-12-12-00> or scan the QR code.



**Session 1: November 12, 2024 | 12:00 pm – 1:30 pm EDT**

### **“Strategies for Teams Supporting Individuals in Early-Stage Dementia”**

**Description:** With improvements in assessment processes, greater awareness of the risk for dementia among people with intellectual disabilities and attention to brain health, there is a greater likelihood that dementia and dementia risk is being identified earlier. There is a growing opportunity to plan for care and potentially slow the process of dementia. This presentation will discuss strategies, guidelines and interventions for better addressing early dementia issues.

**Presenter:** Philip McCallion, Ph.D. Dr. McCallion’s research interests fill an important niche in the field of social work, bridging scholarship on aging populations and those with intellectual disabilities such as Down syndrome. He is co-principal investigator of the Intellectual Disability Supplement to the Irish Longitudinal Study on Aging, a visiting professor at Trinity College Dublin, a John A. Hartford Foundation Social Work Faculty Scholar and Mentor, and a founding member of the National Task Group on Intellectual Disabilities and Dementia. A renowned researcher, since 1996 Dr McCallion has received more than \$30 million in research funding and published more than 140 articles on interventions with older adults with chronic conditions, caregivers of frail elderly, persons with Alzheimer's disease, and persons with intellectual or developmental disabilities. His interests have extended to creating aging-prepared communities; evaluating non-pharmacological interventions; increasing the reach of palliative care programs; and developing community-oriented projects to assist aging persons with intellectual disabilities. Within his work McCallion emphasizes evidence-based interventions, collaboration with state and local agencies, and community capacity-building.



**Session Two: December 10, 2024 | 12:00 pm – 1:30 pm EDT**

### **“Strategies for Teams Supporting Individuals in Mid Stage Dementia”**

**Description:** Persons in the middle stage of dementia often exhibit more pronounced symptoms (confusion, forgetfulness, and behavioral changes) and require more assistance to perform daily activities. This presentation will provide a brief overview of the characteristics of mid stage dementia, the need of the individual with dementia and the care partner. Presenter will share best practices for providing support to the individual with ID and dementia during this stage. Participants will learn strategies for problem solving and managing behavioral changes often observed in the middle stage of this condition.

**Presenter.** E. Adel Herge, OTD, OTR/L, FAOTA. Dr. Herge is Professor and Coordinator of the BS OTD Program in the Department of Occupational Therapy at Thomas Jefferson University in Philadelphia, PA. As part of her work in the university, Dr. Herge provides occupational therapy services for individuals with intellectual disability and dementia through Jefferson Elder Care. She is a member of the Dementia Collaborative Dementia Squad and two American Occupational Therapy Association Communities of Practice- Dementia and Functional Cognition. Dr. Herge has presented at local, state and national venues and published on evidence based best practices in aging and dementia care for individuals and with intellectual disability.



**Session Three:** January 7, 2025 | 12:00 pm – 1:30 pm EDT

### “Strategies for Teams Supporting Individuals in Late/End Stage Dementia”

**Description:** It often proves challenging to engage a person who is living in the late stage of dementia. In addition to being the stage in which physical hands-on care and the use of adaptive equipment dominates, establishing ways to reach and communicate with an individual- keeping person connected and relationships meaningful and intact -requires understanding the person’s life story, thinking creatively and awareness that the person is still there. Knowing that part of our brain that governs our emotions is intact until the end guides us to use emotions and feeling tones, presence, and being in the moment with the person. Capitalizing upon the senses and the use of sensorimotor approach because of the losses in the brain can make the connection with the person. We will explore practically based interventions in this session.

**Presenter:** Julie Parisi is a residential director at the Northeast Arc. She currently runs a program in Gloucester for aging and end of life care for individuals with ID/DD. Julie became a Dementia Friends MA champion in 2018 and has used her training to provide support to over 28 residential programs at the Northeast Arc. In 2022, Julie became a certified end of life doula and then graduated from North Shore Community College 2024 with her Associates in Developmental Disabilities. Her goal is to provide education on end-of-life care for people with disabilities while focusing on continuation of quality treatment and supporting relationships. Currently, Julie is on the team implementing Positive Behavior Supports at her agency and continues to advocate and train on dementia at the Northeast Arc.

**Session Four:** February 4, 2025 | 12:00 pm – 1:30 pm

### “A Review: Active Treatment Using a Lifespan Lens & Tools to Accomplish This.”

**Description:** Both the Early Detection Screen for Dementia (EDSD) and Life Story are powerful tools that can help gather and structure salient information about the person who is living with dementia. What are they? Using the EDSD and Life Story, the co-facilitators will first discuss these tools with which participants can

gather valuable information regarding individual lifestyle and sensory preferences and needs in order to tailor person-centered interventions that provide support, a sense of safety & well-being to enhance quality of life for individuals with IDD who are living with dementia, their family and other caregivers.

**Presenters:**

Dr Lucille Esralew is a neuropsychologist who specializes in brain-behavior connections in clinical settings, focusing on dementia and IDD and mental health disorders and IDD. Dr. Esralew obtained her doctorate in psychology from the Graduate School of Arts and Sciences, Columbia University (1999) and her certification as a Clinical Neuropsychologist from Fielding Graduate University (2009). She currently serves on the NTG Board and serves as co-chair of the Advisory Body and co-chair of Applied Research and Clinical Health (ARCH).



Kathryn Service RN, MS (gerontological nursing), FNP-BC, CDDN has been working in the field of intellectual/developmental disabilities (I/DD) since 1976 and, from 1979-2016, as a nurse practitioner for the Massachusetts Department of Developmental Services (DDS) until retirement. She continues to consult on aging, caregiving, and dementia in people with I/DD at DDS and is a recognized Dementia Care Specialist Advanced Practice Provider (GAPNA & UCLA); currently on a CDC Healthy Brain Initiative grant with the University of Illinois/Chicago team. She has nationally and internationally served on advisory boards, consulted on federal and foundational grants and presented sessions and has written and peer reviewed articles, text chapters, and educational modules on the topics of aging, dementia, loss and grief, and caregiving of individuals with I/DD.



**For more information, please email [kathrynpears@the-ntg.org](mailto:kathrynpears@the-ntg.org) or [kathiebishop@the-ntg.org](mailto:kathiebishop@the-ntg.org).**