

# Dementia Care Plan for Adults with Intellectual Disability Living with Dementia



This scheme for a dementia care plan presupposes that it is an additional specialized component to an individual’s general person-centered plan, which considers personal, social, and health variables.

Plan components		
<b>A. General Plan Focus</b>		
Y/N	A-1	Plan involves the adult and draws upon his or her stated choices, wants, personal preferences and lived experiences, and desires for the future.
Y/N	A-2	Plan is informed by discussions with family members or other individuals who are important to the individual about key aspects of daily routines and rituals.
Y/N	A-3	Plan focuses on an individual’s strengths and interests and plans for periodic re-assessment to quantify capabilities.
Y/N	A-4	Plan includes planned supports and activities that provide for involvement within the community, as much as possible.
<b>B. Behavior/Function Focus</b>		
Y/N	B-1	Plan builds off from original dementia diagnostic information and subsequent assessments of progression and staging.
Y/N	B-2	Plan recognizes the type of dementia and its expressions as well as stage with respect to cognitive and physical changes.
Y/N	B-3	Plan tracks co-incident conditions and considers how they may aggravate behavior and affect physical well-being.
Y/N	B-4	Plan considers individual’s communication abilities and reactions and responses to various communication styles in the setting.
Y/N	B-5	Plan identifies the individual’s favorite things to do and experiences during the day, as well as situations that contribute to a ‘bad day’.
Y/N	B-6	Plan notes and provides for experiences that the person may enjoy as community engagement or use of community amenities.
Y/N	B-7	Plan describes and works toward mitigating those factors or characteristics that the individual would find most isolating or stigmatizing.
Y/N	B-8	Plan notes justifications for any restrictions that may be in place (e.g., controlling egress, access to places in home, etc.)
Y/N	B-9	Plan notes present ‘behavioral and psychological symptoms of dementia’, and provides strategies for how staff can address them, including noting underlying stimulants and any notable patterns that may aid in mitigation.
<b>C. Long Term Focus</b>		
Y/N	C-1	Plan provides for an understanding of managing dementia and strategies for changing support functions as dementia progresses.
Y/N	C-2	Plan considers results of periodic re-assessments undertaken to address changes in functional abilities and notes what compensation measures should be introduced.
Y/N	C-3	Plan considers progression and when advanced dementia is present, what modifications will be made in personal and medical care and other supports.
Y/N	C-4	Plan anticipates future changing needs and how setting will address end-of-life care.
Y/N	C-5	Plan considers the resident’s wishes for rituals/celebrations/disposal of possessions after death.