# THE NTG-EDSD TOOL

Helping people stay healthy as they get older

#### What is the NTG-EDSD?

The NTG-EDSD is a checklist.

It helps doctors, caregivers, and others notice changes in how a person is doing as they get older.

### Why is it important?

- As people with Down syndrome and other disabilities grow older, their memory and skills may change
- Sometimes these changes may mean a person is getting dementia

#### How does it work?

A caregiver or staff person fills out the checklist.

They write down what the person can do now.

Later, the checklist is used again.

If there are big changes,
the doctor can check what
might be happening.



## Why use it?

- It helps find problems early
- It helps doctors and families give the right care
- It helps people stay as independent and happy as possible